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WHOLISTIC PEACE INSTITUTE
2012 “HEART OF GOLD” AWARD
ACCEPTANCE SPEECH

CONCORDIA UNIVERSITY
Luther Hall
2811 NE Holman Street
Portland, OR 97211
Phone: 503-314-5955
6:00 pm
Thursday, January 17, 2013

Ladies and Gentlemen:

I’m grateful, honored and very happy to receive **“The Wholistic Peace Institute 2012 “Heart of Gold” Award.”** To receive this important award puts a smile on my face ... and a warm, fuzzy feeling in my heart. I like that! Few things in life ... beat the good beats ... of a **Grateful, Happy Heart!**

And also, it feels very good to know ... that just in case my own old ticker stops ticking ... that I have so to say **“On The Ready”** ... as a spare part ... **“A Golden Heart.”** Yes, with this fine trophy in my possession ... as a **Cardiac Safety Net** ... I look forward to having at least another 25 years of a happy and productive life ahead of me with focus on being: **“In Service to Earth, Peace and Humanity.”**

Thank You! Thank you very much ... for presenting to me this most prestigious Award!

When you receive an award ... emotions well up. Some people cannot see clearly ... tears are filling their eyes, some people cannot speak, their throat has closed up ... and for me ... right now ... I really just want to ... laugh.

Why laughing? ... You may wonder. You see, there is so much I want to say about this fine moment in my life ... but my mind wanders away ... and right now I keep comparing myself to The Bewildered Mosquito ... who all of a sudden found itself over a Nudist Camp ... the field was so big ... there was so much flesh ... it just didn't know where to start.

Yes, there is much I want to say at this occasion ... but I'm also keenly aware of the fact that a dinner speech should be pretty much like a lady's dress. ... Long enough to cover the subject ... and brief enough to be interesting.

Aah ... you are laughing! That's good! It's good to laugh! It is very important to laugh! To Enjoy Good Health and Peace of Mind then LAUGH, SMILE AND GIGGLE ... FREQUENTLY! Yes, A Good, Heartfelt Laughter Is The Absolutely Best Medicine for Happiness and Longevity. I know that for sure ... this summer I will be 83 years young.

Every minute of the day the mass media are inundating humanity with the most critical, horrific and ugly problems in the world. Constantly, they broadcast a never-ending flood of unimaginable problems and hopeless negativity. Consequently, many people, rightfully so, become super concerned ... even sort of depressed ... about The State of The World and The Fate of Humanity.

In order to have The Power, The Foresight and The Right Attitude to constructively and peacefully solve all the problems we face on the personal, local, national and international level we humans must concentrate on keeping ourselves BALANCED. Only when we have Balance of: Emotions, Feelings and Mind ... can we make the right decisions for changing and advancing the world ... from what it is ... to what it could and should be.

Laughter, humor, kindness and a positive attitude coupled with The Good Virtues of Earth Ethics are the all important Counter Balances that can make us humans reasonably rational ... and reasonably well Balanced.

You know ... the universe is an incredible expression of Perfect Balance. Balance is reflected everywhere. On Earth we see it from the rhythmic changes of the seasons ... and the coming and the going of the daily tides as well as in the well-balanced wheels of our cars and mechanical watches.

And likewise, in order to be healthy, happy, productive and long-lived ... and in order To Love Life and Living we the people of the world have to be Balanced. Yes, we have to have Perfect Balance between our physical body, our creative, powerful mind and the Life-giving, Mystical Spirit ... that dwells in the heart of every human.

Therefore, Laughter, Dancing, Singing ... and Living by The Laws and Virtues of Earth Ethics are as important to human wellbeing ... as sunshine is to the sweetness of peaches.

In my family, we are old hands at giving out awards. For over 100 years The Nobel Foundation in Stockholm, and The Nobel Institute in Oslo, have been awarding the world-renowned Nobel Prizes. So yes, I'm quite familiar with the importance of awards ... I know what this prize means to the recipient ... and I know how the Nobel Prize often instantaneously catapults the Nobel Laureates and their all-important work into the limelight of the world.

Furthermore, I recognize the fact, that the importance of The Nobel Prize and The Wholistic Peace Institute Annual "Heart of Gold Award" ... is established by the merits of its recipients. Therefore, to find myself in the stellar company of the humanitarian giants, who previously have received The Wholistic Peace Institute "Heart of Gold Award" ... I find to be most ... humbling.

Often, while attending a Nobel Prize Ceremony, I have wondered: "What does it feel like to become a Nobel Laureate? How does it affect the life of the recipient?" As, I am ... just now tasting a bite of the sweet fruit of prestigious, official recognition ... I can rather well imagine how it feels. "It feels darn good!"

Once again, Thank You ... Thank You ever so much for The Wholistic Peace Institute 2012 Heart of Gold Award!
